

For Immediate Release

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www.milfordcounseling.com

Residents get help coping with unstable job market and weak economy

Local couple offers counseling to help residents improve well-being

MILFORD, Mich. – Fueled by a weak economy, unstable job market and a national health care crisis, Milford residents Rhett and Liz Reader reinvented their careers and launched Milford Counseling. The husband and wife team and their staff of professional therapists provide counseling and therapy programs to help local residents.

“Our counseling programs are having amazing outcomes. People leave feeling really good about the decision they made to take a step to improve their well –being. Our substance abuse programs are helping resident’s young and old live sober.” says Rhett Reader.

According to Rhett Reader, Michigan’s increasing poverty and unemployment rates are a major cause of stress and other health issues. Reader says that many people do not consider therapy because of a lack of health care. The end result is that they avoid getting the help they need. To assist residents, Milford Counseling offers financial assistance programs making help accessible for many who otherwise would not be able to afford it. They also accept most health insurance.

Their programs provide solutions for a range of health issues including grief, anxiety, and depression. Milford Counseling is CARF Accredited for outpatient services including children and adolescents. CARF International is an independent, accrediting body of health and human services and is considered the “golden seal” for clinics.

Milford Counseling is located at 238 North Main Street in downtown Milford inside the Milford Presbyterian Church. Learn more at www.milfordcounseling.com or call 248-390-5791.

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